

Places for Practice

Groups and contacts

Please note that this list is published online at www.fsnewsletter.org. From now on that will be the best place to find an updated list.

England

Bath	Anne Armitage	(01225) 859217
Banbury	Sarah Wallis	(01295) 278744
Bedford	David Stubbs	(01234) 720892
Berkshire	Anthea West	(01189) 798101
Brentwood	Richard Burch	(01277) 626225
Brighton – Bodhi Garden (www.bodhigarden.org):		
	David Glendinging	(01273) 723378
Bristol	Lisa Daix	(0117) 935 0272
Cambridge	Dan Jones	(01223) 246257
Canterbury	Charles Watters	(01227) 463342
Carlisle	Jean Nelson	(01228) 546259
Chichester	Tony Halter	(01243) 672126
Cookham, Maidenhead		
	Emily Tomalin or David Lillywhite	(01628) 810083
East Dorset Buddhist Group (veronica_ferry@talktalk.net):		
	Veronica Ferry	(01202) 730232
Hemel Hempstead – Bodhinyana Group:		
	Chris Ward	(01442) 890034
Kendal Fellside Centre, Low Fellside:		
	Sumedha	(01539) 729793
Leeds Area	Daniela Loeb	(01132) 791375
	Anne Grimshaw	(01274) 691447
Liverpool	Ursula Haeckel	(0151) 427 6668
London Buddhist Society,		
	58 Eccleston Square, London SW1	(0207) 834 5858
London Hampstead	Caroline Randall	(0208) 348 0537
	Ann Booth	(0207) 485 0505
London West	Nick Carroll	(07973) 372 391
Maidstone – Alokabodhi Buddhist Group:		
	Shirley (01622) 203751	or Bee (01622) 726414
Newcastle	Ian Plagaro-Neill	(0191) 469 2778
Newent-Gloucs.	John Teire	(01531) 821902
	email: john.teire@virgin.net	
Newmarket	Richard Prangnell & Rosie Hitchins	
	01638 603286, rprangnell@gmail.com , www.bodhimanda.org	
Norwich	Robert Coggan	(01953) 451741
Penzance	Lee	(01736) 799170
Portsmouth	Medhavi	(02392) 732280
Redruth	Vanessa	(01209) 214031
Sheffield	Greg Bradshaw	(0114) 262 1559
	email: greg.bradshaw@btclick.com	
South Dorset	Barbara Cohen (Sati-sati)	(01305) 786821
Southampton	Robert Elliot	(02380) 612838
Steyning, Sussex	Jayanti	(01903) 812130
Stroud	John Groves	(07967) 777742
Surrey-Woking	Rocana	(01483) 761398
Taunton	Annie Fisher	(01278) 457245
Teeside	John Doyle	(01642) 587274
Totnes	James Whelan	(01803) 865667
Outside England		
Co. Clare, Ireland: Sunyata Centre		(+353) 61 367 073
Cork, Ireland	Paddy Boyle	(+353) 21 462 2964
Dublin	Rupert Westrup	(+353) 01 280 2832
Edinburgh	Neil Howell	(0131) 226 5044
Glasgow	James Scott	(0141) 637 9731
Machynlleth, Wales	Angela Llewellyn	(0165) 051 1350
Pembrokeshire, S. Wales		
	Peter & Barbara (Subhadra) Jackson	(01239) 820790
A Coruña, Spain	David Williams	(+34) (981) 432 718

Amaravati Retreats

Retreat Schedule 2010

R1	16–20 April	5 Days	**Ajahn Paññasaro
R2	23–25 April	Weekend	Ajahn Gandhasilo
R3	7–16 May	10 Days	*Luang Por Sumedho
R4	May 28–1 June	5 Days	**Ajahn Candasiri
R5	11–13 June	Weekend	Ajahn Jutindharo
R6	18–20 June	Thai Weekend	~Ajahn Ratanawanno
R7	2–11 July	10 Days	*Ajahn Vimalo
R8	July 30–8 Aug.	10 Days	Ajahn Vajiro
R9	3–15 Sept.	13 Days	*Luang Por Sumedho
R10	24–28 Sept.	5 Days	**Ajahn Jayanto
R11	8–10 Oct.	Weekend	Ajahn Kovida
R12	15–24 Oct.	10 Days	**Ajahn Sundara
R13	5–9 Nov.	5 Days	Ajahn Thitamedha
R14	19–21 Nov.	Buddhist/Christian Weekend	
		Ajahn Aloka & Brother Nicholas	
R15	3–5 Dec.	Weekend	To be confirmed
R16	Dec. 27–1 Jan. 2011	6 Days	**Ajahn Candasiri

*Fully booked **Fully booked for women ~Thai speakers only
Waiting lists are in operation. Cancellations can occur – please check the website or by phone for updates nearer the time of the retreat.

General Guidelines

All weekend retreats are suitable for beginners: those new to meditation as well as those who have not attended a retreat before. It is advisable to attend a weekend retreat before booking a longer retreat. Due to high demand there is a limit of three retreats per person per year.

Booking Procedure

Bookings are only accepted on receipt of a completed booking form, which can be obtained by:

- Downloading from the website
 - Emailing or writing to the Retreat Centre
- Please note that bookings cannot be made over the telephone.

Start and Finish Times

Registration is from 16.00–19.00 on the first day of the retreat. The orientation talk is at 19.15. Weekend retreats end at 16.00, longer retreats at lunchtime. Attendance is expected for the whole retreat.

Donations

No advance booking fee is required. The Retreat Centre is funded solely through donations. Donations are invited at the end of the retreat.

Contact Information

Retreat Centre, Amaravati Buddhist Monastery,
Great Gaddesden, Hemel Hempstead, Herts., HP1 3BZ, UK
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Email: retreats@amaravati.org
Website (for updated information): www.amaravati.org