



and not a trace remains of the thousands of residents over the previous week or the mass circumambulation the day before. Not someone who seems too interested in taking a break after a hard day's night, Luang Por Liem is in town looking for building materials. He won't be long though, the group is told. Sure enough, within half an hour he is back:

'I went in to town to get some pipes. We are building more toilets for next year's gathering. More and more people seem to come. More people means more waste. It's natural. If we can see the body as part of nature – natural elements and not a self – then peace will arise in the heart. This peace leads to true happiness....' ॐ

Glossary – Some of the Pali and foreign terms used in this issue of the *Forest Sangha Newsletter*

Please note: Pali diacritics have been omitted throughout the newsletter. Below are brief descriptions of how these words are being used in this issue of the FSN; they are not full definitions. Often used, many have not been italicized.

Ajahn (Thai): Senior monk or nun; literally 'teacher'. Used for those with ten vassas or more, regardless of their role in the community.
anagarika: A male or female postulant in the preliminary noviciate stage.
bhikkhu: A Buddhist monk
Buddha: Awakened One; the perfectly enlightened historical teacher of the Dhamma.
dana: Giving, generosity; offering, alms.
Dhamma: The Truth; the teaching of the Buddha.
kuti: A hut or simple dwelling.
Luang Por (Thai): A title of affectionate respect (lit. 'Venerable Father').
metta: Loving-kindness

puja: Devotional observances such as chanting and offering incense.
samana: One who has entered the Holy Life; religious recluse or wanderer.
Sangha: The community of ordained Buddhist monks and nuns; alternatively, those who have realized liberation (Ariya Sangha)
siladhara: A Buddhist nun from the community of Luang Por Sumedho.
Tan (Thai): A common title of respect.
Theravada: The school of Buddhism mainly practised in Thailand, Sri Lanka, Burma, Laos and Cambodia.
Vassa: The three-month summer 'Rains Retreat'; a mark of how many years ('vassas') a monk or nun has been in robes.